Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Thursday 07 Jul 2022 until 23:59 on Friday 08 Jul 2022

Forecast Issued on Wednesday 06 Jul 2022 at 10:03 by Met Office Aberdeen

Confidence: High confidence for mostly settled conditions through the next five days with any rain mainly light and patchy. Low confidence however for details of low cloud Thursday and early on Friday with uncertainty surrounding dividing line between low cloud in west and brighter conditions in east.

Headline for Thursday 07 Jul 2022: Low cloud and patchy drizzle in the west. Perhaps some brighter conditions in east.

Mountain weather hazards on Thursday 07 Jul 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG	FOG		FOG			
Fog	Fog	Fog	Cloudy	Fog	Cloudy	Light rain	Light rain
Precipitation probability							
20%	10%	10%	20%	30%	20%	50%	50%

Forecast for Thursday 07 Jul 2022

Weather: Low cloud and patchy rain or drizzle will affect western ranges for much of the day. Eastern ranges perhaps seeing some bright or sunny spells for a time in the morning, before rain, drizzle and low cloud begins to affect these hills also in the afternoon and evening. Rain or drizzle mostly light but a few heavier bursts are possible later in the afternoon and evening.

Chance of cloud-free hill tops above 800m: 30% becoming 10% in the afternoon. Best chances across eastern ranges in the morning.

Low cloud and visibility: Areas of low cloud down to 400 m in the morning will mainly affect western ranges, with fewer amounts towards the east. Cloud becoming more extensive in the afternoon and evening with little differentiation between east and west. Very poor visibility within low cloud, otherwise moderate or good.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
© Crown Copyright 2022. All Rights Reserved.

Mountain Weather Forecast

Forecast for Thursday 07 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	15/19 NW	13/17 W	16/21 W	20/25 W	24/30 W	27/35 W	28/36 SW	28/36 W	25/32 W
900	15/19 NW	13/16 W	16/20 W	18/23 W	22/28 W	26/34 W	26/34 SW	26/33 W	23/30 W
600	11/15 NW	9/13 W	12/16 W	14/19 W	14/20 SW	18/26 W	18/25 SW	17/24 W	15/22 W
300	4/15 NW	2/12 W	4/15 W	5/16 W	5/18 W	9/24 W	8/22 SW	6/21 W	6/19 W
Glen	5/10 NW	4/9 W	6/11 W	6/11 W	6/12 W	9/18 W	9/19 W	8/17 W	9/17 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/2	5/2	6/1	7/2	8/4	9/4	8/4	8/3	7/3
900	7/3	6/2	6/2	7/3	9/5	9/5	9/5	8/4	8/4
600	9/6	8/6	8/5	9/6	11/8	12/9	11/8	10/7	10/7
300	10/10	10/10	10/10	12/11	13/12	14/12	13/12	12/11	11/10
Glen	12/12	12/12	12/11	13/13	14/14	16/14	14/13	14/12	13/12
Freezing Level*	2600m	2400m	3000m	3200m	2900m	2700m	3000m	2700m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing to add.

Forecast for Friday 08 Jul 2022
Weather: Low cloud and patchy rain or drizzle continuing overnight. Conditions should start to turn brighter during the morning with a dry and bright, albeit breezy afternoon. Strong westerly winds at height.

Maximum wind: Westerly, mean 30 mph, gusting 40-45 mph.

Chance of cloud-free hill tops above 800m: 10% overnight, 70% during the day.

Low cloud and visibility: Low cloud at times down to 400 m overnight. Mostly lifting and breaking during the day but patchy low cloud may persist down to 600 or 700 m. Mostly good visibility away from low cloud.

Temperature: **Glens:** Plus 11 Celsius rising to plus 14 Celsius.
At 800m: Plus 8 Celsius rising to plus 10 Celsius.
Freezing level: Above summits.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
© Crown Copyright 2022. All Rights Reserved.